

## Supplementary Material

### Suppl 1. Search strategy for Embase (via OvidSP)

Database: Embase <1974 to 2022 September 16>		
Search executed: September 19, 2022		
#	String	Results
1	exp congestive cardiomyopathy/	36077
2	((dilated or dilation or congestive or ischemic or primary or idiopathic) adj2 cardiomyopath*).ti,ab.	43350
3	or/1-2	56105
4	(mutat* or geneti* or variant* or polymorphism* or famil* or inherit* or heredit*).ti,ab.	3884074
5	exp epidemiology/	4142201
6	epidemiolog*.ti,ab.	540852
7	exp incidence/	614101
8	(incidence or risk).ti,ab.	4485067
9	exp prevalence/	911177
10	prevalence.ti,ab.	1053840
11	or/5-10	7410818
12	and/3-4,11	3229
13	(conference or conference abstract or conference paper or conference review).pt.	5312508
14	limit 13 to yr="2020-current"	723969
15	13 not 14	4588539
16	(exp animal/ or nonhuman/) not exp human/	6890733
17	(book or chapter or editorial or erratum or letter or note or short survey or tombstone or comment).pt.	3565361
18	Case Study/	88164
19	case report.tw.	498170
20	or/15-19	14772830
21	12 not 20	1954
22	limit 21 to english	1807
23	remove duplicates from 22	1781