

# Transcatheter Aortic Valve Replacement After Coronary Artery Bypass Graft Is Associated With Increased Pacemaker Implantation but Not Reduced Overall Survival

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## Abstract

**Background:** A history of coronary artery bypass graft (CABG) is a common compelling indication for transcatheter aortic valve replacement (TAVR). However, there is little data on how these patients compare to other TAVR patients. In this study, the short and long-term outcomes of these TAVR patients after CABG are defined.

**Methods:** A retrospective chart review case-control study of 337 consecutive patients who underwent a TAVR for severe aortic stenosis at Sanford Health in Fargo ND was performed to determine if a history of prior CABG was associated with worse outcomes after TAVR as compared to a TAVR cohort without a history of CABG.

**Results:** Despite higher predicted surgical risk, patients with a history of CABG had no significant difference overall survival at 1 month (98% vs. 93%,  $P = 0.112$ ), 6 months (94% vs. 87%,  $P = 0.094$ ), 1 year (85% vs. 77%,  $P = 0.206$ ) or 2 years (70% vs. 57%,  $P = 0.135$ ) post-TAVR. However, a history of CABG was associated with an increase in post-TAVR permanent pacemaker (PPM) implantation (15% vs. 6%,  $P = 0.015$ ).

**Conclusions:** This study gives evidence to suggest that patients with a history of prior CABG do not have any difference in overall survival as other TAVR patients, despite higher predicted surgical risk and differences in preprocedural comorbidities. Our study also confirms the safety of TAVR in this specific population in lower volume centers.

**Keywords:** Coronary artery bypass graft; Transcatheter aortic valve replacement; Outcomes; Pacemaker; Survival

## Introduction

The minimally invasive nature of transcatheter aortic valve replacement (TAVR) has made this procedure an attractive option for patient with symptomatic aortic stenosis with elevated

surgical risk. Many factors increase the risk associated with surgical aortic valve replacement (SAVR) including porcelain aorta, prior sternotomy, prior chest irradiation, severe chest deformity, medical frailty, significant lung disease, and cirrhosis. But perhaps the strongest contraindication to SAVR is a history of coronary artery bypass graft (CABG) surgery. Previous studies have shown that cardiac reoperation is associated with an increase in perioperative myocardial infarctions, low-output heart failure, and death [1]. CABG is particularly high risk secondary to iatrogenic changes in anatomy such as a left internal mammary artery that crosses the midline.

Multiple studies have shown TAVR to be a superior option in high or intermediate risk surgical candidates [2, 3]. However there is conflicting evidence in the post-CABG population in regard to TAVR outcomes. For instance, Greason et al found that in comparison to SAVR, TAVR was associated with a nonstatistical trend toward greater all-cause mortality and a significant increase rehospitalization. In this study, TAVR was associated with a 36.1% death rate at 2 years [4]. On the other hand, studies by Nguyen et al and others have shown similar to improved outcomes with TAVR in this specific population [5, 6].

There is however a paucity of data on how patients with a history of prior CABG compare to other TAVR patients in terms of periprocedural and long-term outcomes. Historically, patients with history of CABG have increased mortality following major vascular procedures [7]. There may be clinically significant differences in procedural complications and clinical consequences that may be avoidable and potentially intervenable in the periprocedural and postprocedural period.

Furthermore, the published research on the outcomes and safety TAVR in patients with a history of CABG has all been from larger urban medical centers. These studies were conducted mainly at large volume centers which traditionally have more experience and better surgical outcomes for these advanced procedures. It is vital that the safety of TAVR in his particular patient population be also established in smaller, more rural surgical center as well. Our objective in this study was to both further establish the safety and acceptability of TAVR in patients with a history of CABG and demonstrate that post-TAVR outcomes from a smaller surgical center are comparable to the outcomes from urban medical centers.

## Methods

A single institution retrospective cohort study was conducted.

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**Table 1.** Baseline Characteristics

	CABG (96)	No CABG (241)	P-value
Age	78.6 (7.99)	79.6 (9.16)	0.3679
Male sex	74 (77)	112 (46)	< 0.001
BMI	30.75 (5.84)	30.35 (6.38)	0.5963
Caucasian race	95 (99)	239 (99)	1.000
EuroSCORE (%)	12.89 (7.17)	6.92 (5.11)	< 0.001
STS risk score (%)	8.10 (4.77)	6.32 (3.69)	< 0.001
Preprocedural HTN	86 (90)	210 (87)	0.585
Preprocedural CAD	96 (100)	151 (63)	< 0.001
Baseline ejection fraction < 40%	16 (17)	30 (12)	0.379
Preprocedural NYHA Class III or IV symptoms	44 (46)	105 (44)	0.717
Preprocedural DM	40 (42)	80 (33)	0.166
Prior stroke/TIA	13 (14)	25 (10)	0.446
Preprocedural atrial fibrillation	33 (34)	70 (29)	0.360
Preprocedural serum creatinine (mg/dL)	1.20 (0.36)	1.28 (0.98)	0.414
Preprocedural eGFR < 60 mL/min	46 (48)	116 (48)	1.000
Preprocedural PAD	33 (34)	58 (24)	0.058
Preprocedural AAA	17 (18)	19 (8)	< 0.001
Preprocedural carotid artery stenosis > 50% or prior CEA	34 (35)	58 (24)	0.042
Prior PCI	37 (39)	87 (36)	0.708
Prior permanent pacemaker	14 (15)	26 (11)	0.353
Prior aortic valvuloplasty	14 (15)	44 (18)	0.522
Aspirin	84 (88)	174 (72)	0.003
ADP receptor inhibitor	30 (31)	77 (32)	1.000
Beta blocker	85 (88)	163 (68)	< 0.001
HMG-CoA reductase inhibitor	86 (90)	154 (64)	< 0.001
Any anticoagulant	24 (25)	60 (25)	1.000

Values are mean (standard deviation) or n (%).

We performed a retrospective chart review of 337 consecutive patients who underwent TAVR at Sanford Health in Fargo, ND from August 10, 2012 to November 15, 2016 for severe aortic stenosis, defined as an aortic valve area less than 1 cm<sup>2</sup>. The last date of data acquisition was January 4, 2017. The entire cohort was divided in two groups where the patients with a history of CABG were placed in one cohort and all other patients were designated as controls. Primary outcomes were overall survival at 1 month, 6 months, 1 year, and 2 years post-TAVR. Secondary outcomes were procedural complications, post-TAVR permanent pacemaker (PPM) implantation, major adverse cardiovascular and cerebrovascular events (MACCE) defined as death from any cause, myocardial infarction, rehospitalization, or stroke, cardiovascular mortality, myocardial infarction, stroke/transient ischemic attack (TIA), heart failure exacerbation, or rehospitalization for any reason in defined time periods. Preprocedural, 24 h postprocedural, and 1 year postprocedural echocardiographic data were also compared. The clinical outcomes were assessed in accordance with the standardized end-

point definitions for TAVR of the Valve Academic Research Consortium-2 [8]. Heart failure exacerbation was defined as a gradual or rapid change in heart failure signs and symptoms resulting in a need for a change in therapy or hospitalization.

Informed consent was not required for inclusion in our retrospective study due to the nature of the study, and the absence of any direct interventions. This study protocol received dual IRB approval from the University of North Dakota IRB and from the Sanford Health IRB. The Fisher's exact test was performed to determine statistical significance of categorical data and *t*-test or Wilcoxon two-sample test were used to determine the statistical significance continuous variables. All P-values were two-sided, and P-values < 0.05 were considered significant.

## Results

A total of 96 of the 337 patients reviewed had a history of

**Table 2.** Procedural Characteristics

	CABG (n = 96)	No CABG (n = 241)	P-value
Approach			
Transfemoral	78 (81)	195 (81)	1.000
Transapical	16 (17)	34 (14)	0.611
Transaortic	1 (1)	6 (2)	0.678
Trans-subclavian	0 (0)	6 (2)	0.189
Transcaval	1 (1)	0 (0)	0.285
Mean LOS after TAVR (days)	4.1 (5.04)	5.1 (7.91)	0.276
Valve type			
First generation Sapien	25 (26)	67 (28)	0.788
Sapien XT	14 (15)	37 (15)	1.000
Sapien S3	35 (36)	78 (32)	0.523
First generation CoreValve	19 (20)	51 (21)	0.882
CoreValve Evolute	3 (3)	8 (3)	1.000
Mean valve size (mm)	26.4 (2.58)	25.7 (2.69)	0.0498

Values are mean (standard deviation) or n (%).

CABG prior to TAVR. Baseline characteristics for both groups are given in Table 1. Several statistically significant differences were noted in sex, STS risk score, EuroSCORE, preprocedural coronary artery disease (CAD), preprocedural abdominal aortic aneurysm (AAA). There were also slight differences in the utilization of several cardiovascular pharmacological agents including aspirin, beta blockers, and statins. There was a high amount of significant comorbidities in both groups including a 73% prevalence of CAD in the entire cohort. Mean age of the entire cohort was 79.3 years of age. Procedural characteristics for both groups are given in Table 2. There was no statistical differences in the specific type of valve used, however there was small, but statistical significantly difference in mean valve size. Pre- and postprocedural echocardiographic data are given in Table 3. Differences in valve area, peak aortic velocity, peak and mean aortic gradient, and ejection fraction were noted at baseline. Patients with a history of CABG had a lower mean ejection fraction, but slight less aortic valve obstruction than controls. The baseline difference in ejection was sustained directly following the procedure, and patients with prior CABG had less of ejection fraction improvement at 24 h post-TAVR. The difference in ejection fraction at 1 year following the procedure was not significant.

Finally, the primary and secondary outcomes data for this study are given in Table 4. There was a nonsignificant trend towards improved overall survival in the CABG cohort. However, a history of prior CABG was associated with a statistically significant increase in need for post-TAVR PPM implantation. No other significant differences in study outcomes were noted between the two groups.

## Discussion

This study further characterizes the efficacy and safety of

TAVR in patients with a history of severe aortic stenosis and prior CABG and gives evidence to suggest that outcomes from lower volume centers are equitable to the previous published multicenter studies. Furthermore, although this study does not directly compare TAVR outcomes to SAVR outcomes, this study helps dispel concerns about an excessive risk of increased overall mortality with TAVR after CABG and demonstrates clinically acceptable outcomes in this specific population.

Importantly, our study also establishes the clinical safety of a TAVR in patient with prior CABG. As previously noted, concerns about the safety of major vascular interventions after CABG were formerly warranted. However, we found no difference in overall survival between the two cohorts in this study and actually found a nonsignificant trend towards improved overall survival. This trend is remarkable given the larger risk surgical risk and increased burden of significant comorbidities at baseline. For instance, our prior CABG cohort did have a much larger proportion of male patient which has been associated with increased mortality after TAVR in some studies [9]. As evidence in lower surgical risk population evolves, comparisons between prospectively defined TAVR patient groups will become of increased clinical importance and define clinical indication for post-TAVR follow-up.

This study did find a significant increase in post-TAVR PPM implantation after TAVR in post-CABG patients. To our knowledge, this is the first study to document an increased risk in TAVR-associated PPM in a specific and non-electrophysiologically defined patient population. This risk could potentially be reduced by high valve positioning, which has been associated with lower risk of PPM [10]. Frequent electrocardiogram (EKG) monitoring in immediate and short-term follow-up period in this specific patient population may be indicated.

The noninferiority of survival outcomes in the prior CABG cohort in our study despite higher EuroSCORE and

**Table 3.** Echocardiographic Data

	CABG	No CABG	P-value
Preprocedural aortic valve area (VTI) (cm <sup>2</sup> )	0.918 (0.300)	0.820 (0.227)	0.002
Preprocedural peak aortic velocity (cm/s)	395.1 (67.2)	426.2 (58.1)	< 0.001
Preprocedural peak aortic gradient (mm Hg)	64.2 (20.2)	74.3 (19.5)	< 0.001
Preprocedural mean aortic gradient (mm Hg)	40.9 (12.8)	46.7 (12.1)	< 0.001
Preprocedural ejection fraction (%)	55.1 (13.2)	58.7 (12.2)	0.017
Pre-procedural stroke volume (mL)	86.8 (19.3)	85.0 (21.2)	0.536
Preprocedural interventricular septum thickness (mm)	12.5 (2.5)	12.6 (2.5)	1.000
Preprocedural moderate aortic regurgitation (%)	22	19	0.877
Preprocedural severe aortic regurgitation (%)	4	4	1.000
Preprocedural moderate mitral regurgitation (%)	26	21	0.309
Preprocedural severe mitral regurgitation (%)	4	3	0.747
24 h post-TAVR aortic valve area (VTI) (cm <sup>2</sup> )	2.25 (0.709)	2.17 (0.630)	0.324
24 h post-TAVR peak aortic velocity (cm/s)	221.9 (65.7)	221.8 (51.4)	0.990
24 h post-TAVR peak aortic gradient (mm Hg)	21.1 (14.1)	20.8 (9.9)	0.831
24 h post-TAVR mean aortic gradient (mm Hg)	12.9 (8.8)	12.2 (5.9)	0.432
24 h post-TAVR ejection fraction (%)	57.9 (12.7)	62.7 (12.4)	0.002
24 h post-TAVR stroke volume (mL)	96.8 (27.4)	93.0 (27.9)	0.289
24 h post-TAVR moderate aortic regurgitation (%)	5	5	1.000
24 h post-TAVR moderate mitral regurgitation (%)	13	9	0.423
24 h post-TAVR severe mitral regurgitation (%)	3	2	0.412
1 year post-TAVR aortic valve area (VTI) (cm <sup>2</sup> )	2.07 (0.686)	1.96 (0.556)	0.306
1 year post-TAVR peak aortic velocity (cm/s)	225.7 (59.4)	218.2 (44.5)	0.397
1 year post-TAVR peak aortic gradient (mm Hg)	22.0 (12.3)	20.0 (8.9)	0.284
1 year post-TAVR mean aortic gradient (mm Hg)	12.2 (7.0)	11.6 (5.2)	0.530
1 year post-TAVR ejection fraction (%)	55.1 (13.5)	59.5 (12.6)	0.058
1 year post-TAVR stroke volume (mL)	96.7 (30.2)	91.5 (27.4)	0.320
1 year post-TAVR moderate aortic regurgitation (%)	8	15	0.302
1 year post-TAVR moderate mitral regurgitation (%)	10	13	0.791
1 year post-TAVR severe mitral regurgitation (%)	2	8	0.272

Values are mean (standard deviation) or %.

STS risk scores suggests that traditional risk scores may not accurately reflex the true risk associated with TAVR. This has also been suggested in other previous published studies. For example, the work by Yamaoka and colleagues suggested that STS scores may overestimate the true mortality risk of TAVR [11]. On the other hand, a meta-analysis from 2014 suggested that both of these scoring algorithms underestimate the risk of TAVR [12]. Taken together, these studies and the findings of this study suggest that there needs to be a more personalized and academically more rigorous way of estimating the risk of TAVR in the periprocedural period. More studies on patients' specific factors like a history of prior CABG will advance the understanding of TAVR and help define which factors are true determinants of preoperative risk.

Finally, our study does have some limitations including

its retrospective design, single center experiences, and variability in the length of post-TAVR follow-up. Unsurprisingly, there are some statistically significant differences in baseline characteristics, however these differences are of little clinical significance and likely do not impact this study's conclusions. Previous studies have shown that male sex may be a negative prognostic marker post-TAVR, however the effect size of this appears to be small [9, 13]. A history of CAD regardless of severity prior to TAVR has not been associated with worse outcomes after TAVR [14]. The impact of HMG Co-A reductase inhibitors on TAVR outcomes has been studied only retrospectively to date and there is an overall paucity of data, including no data from large databases [15]. Additionally, we are not aware any data that would suggest a difference in outcomes in patients with a history of AAA or the absence of beta blocker

**Table 4.** Primary and Secondary Outcomes

	CABG	No CABG	P-value
% Survival > 1 month	98 (94/96)	93 (225/241)	0.112
% Survival > 6 month	94 (78/83)	87 (163/188)	0.094
% Survival > 1 year	85 (58/68)	77 (119/154)	0.206
% Survival > 2 year	70 (29/41)	57 (59/104)	0.135
Periprocedural major vascular	6 (6)	10 (23)	0.394
Periprocedural minor vascular	7 (7)	10 (23)	0.672
Periprocedural blood transfusion	5 (5)	11 (27)	0.102
Post-TAVR PPM implantation	15 (14)	6 (14)	0.015
Periprocedural increase in serum creatinine > 1.5 × baseline	4 (4)	6 (15)	0.604
In hospital			
CV mortality	3 (3)	6 (15)	0.298
Myocardial infarction	2 (2)	0 (0)	<.001
Stroke/TIA	0 (0)	3 (8)	0.111
HF exacerbation	14 (13)	24 (57)	0.052
Discharge to 30 days			
MACCE	20 (19)	17 (38)	0.521
CV mortality	0 (0)	1 (0)	1.000
Myocardial infarction	1 (1)	1 (3)	1.000
Stroke/TIA	0 (0)	1 (3)	0.558
HF exacerbation	16 (15)	16 (36)	1.000
Rehospitalization for any reason	20 (19)	17 (37)	0.421
30 days - 6 months			
MACCE	29 (23)	26 (44)	0.543
CV mortality	0 (0)	3 (5)	0.329
Myocardial infarction	3 (2)	1 (2)	0.592
Stroke/TIA	0 (0)	3 (5)	0.329
HF exacerbation	18 (14)	14 (24)	0.453
Rehospitalization for any reason	29 (23)	22 (37)	0.203
6 months -1 year			
MACCE	33 (20)	29 (35)	0.607
CV mortality	3 (2)	2 (2)	0.602
Myocardial infarction	2 (1)	3 (3)	1.000
Stroke/TIA	2 (1)	1 (1)	1.000
HF exacerbation	17 (10)	21 (25)	0.554
Rehospitalization for any reason	30 (18)	27 (33)	0.728

Values are % (n). MACCE: major adverse cardiovascular and cerebrovascular events, defined as death from any cause, myocardial infarction, re-hospitalization, and stroke.

or aspirin use prior to TAVR.

## Conclusions

In this single center study of patients undergoing TAVR, no difference in overall survival was seen in patients with a prior

history of CABG versus a cohort of patient without a history of CABG. A history of prior CABG was associated with an increased risk of post-TAVR PPM implantation. This study affirms the efficacy and safety of TAVR in prior CABG patients in comparison to other TAVR patients at lower predicted surgical risk. Our study also confirms the safety of TAVR in this specific population in lower volume centers.

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## Disclosures

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